

## **QUIT TOBACCO TODAY!**

## FREE TOBACCO CESSATION SESSIONS CAN HELP YOU KICK THE HABIT

Geaux Free is provided at no cost for nine week. Sessions are led by a Certified Tobacco Treatment Specialist who guides individuals through the quitting process.

## GROUP SESSIONS WEDNESDAYS, JAN. 14 – MAR. 18 5 - 6 p.m.

Department of Health & Hospitals • Bienville Building 628 North 4th Street • Baton Rouge



REGISTRATION REQUIRED REFRESHMENTS PROVIDED

For more information or to register, call (225) 215-1370 or email hprice@marybird.com.

MBPOLOL.ORG/GEAUXFREE

